

Natural Motion Systems/Martial Sciences

What is Defense system?

NMS Martial Sciences (Combat Technology) - Martial Roots



NMS Circular Manual & DVD

Martial Sciences (Combat Technology) -Martial Sciences are about combat and survival. It is not about sport or some sort of consensual fair fight between gentlemen. Because of this, the attacker will probably use weapons and even if the attacker does not, you'd be foolish not to use a weapon if you could. Combat is also about shut down the opponent/offense - you must take the fight to him even while avoiding his attack (indirect attack). Only offense brings victory. Defense just delays the inevitable victory of your opponent.

What is the strategy of NMS (combat technology)-

Deal with (2) two things, strategy and tactics. Strategy is a plan of action, derived from continuous training, a conditioning to the various flows of offense/attack.

The principle of Strategy is offense/attack-- no defense. A tactical move is how to make that attack be effective and how to shut down the enemy. First principle of strategy is Offense, no defense. Second is taught counter offense. Offense becomes a counter offense, which is the best defense.

NMS Martial concept –Running offense/fighting

Defense, becomes more static, they become rigid, they become immobile and they freeze and all they remember is how to defend themselves against powerful blows.

NMS Martial technology training is about control speed, timing, power engineering, accuracy and precision. . All of these do not involve defense, there is no strategy of defense there, defense per se- meaning disarm, meet force with force and try some technique. It will never work. The word defense has no meaning in NMS combat technologies. The strategy is offense, counter offense, and function ability.

**So how do you defend yourself-
You learn offense/counter offense.**

There is no such thing as self-defense. It is a misunderstood word, self-defense.

How many battles in history are there where a castle stood in the middle of the field and was able to win the war? Always the invading forces are winning. Why? Because you are there in defensive position and when the enemy surrounds you for one year and cuts off the water and food, he cuts off the means of exit, when he catapults stones and shoots arrows over the wall every day? How will you survive? How much food can you store in there?

So defense has no meaning in terms of warfare.

When you are on the defensive, you are static, your movements limited, and you have no liberty as far as escape is concerned.

Bladed Mind (Weapon-edge or impact) knife on knife or knife vs. empty hands encounter.

Pursuit of limitation - is more oriented on empty hands and has no (Weapon) training, Research of possibility- Martial culture is much different from empty hands. All the empty hands came from the Martial Culture /bladed mind.

Disarming/defending techniques-

Is defeating the purpose. Introducing that sort of technique will get somebody killed. It is impossible. If you are trained on **Weapon-edge or impact** techniques and know bladed mind offense, maybe you can use counter offense to survive by getting out with timing to strike the eyes or the head and remove his presence of mind. If it is knife on knife, then there is offense and counter offense. There is no such thing as defense.

Should they run away- Fight/Flight-

Should have an equalizer (Weapons of opportunity), a gun, knife, stick, anything. If you pull an equalizer, you have at least a 50/50 chance to survive, a deterrent. If you are trained in the **Weapon-edge or impact** and have an equalizer, you will respond via training to pull your equalizer. The strong take advantage of the weak (big fish eat little fish). Bladed mind or equalizer is a reminder to be alert at all times. The less aware you are the more likely you are to be attacked. When you are not careful is when it happens.

Even if you are on an airplane and the terrorists come, there are equalizers available and instead of them taking you hostage, you take them hostage, Bladed mind.

About Weapons-edge or impact -

A martial artist is someone who is training to be prepared against someone who might attack them. You train for someone who will surprise you and might take your life. Martial arts have to do with weapons as well as empty hands. The gun, and other tools--stick, and knife- anything, the martial artist must be proficient in all weapons and empty hands (Technologies). What if you do disarm him of a gun but don't know how to operate

it? How can you make use of it? He is going to come with a second attack and perhaps other guys (multiple opponents)- who possibly have weapons.

If you go into your house and someone is inside and you take hold of a broomstick (skill and will), you must know how to use it. A gun/impact and edge weapon is an instrument that allows you to equalize another weapon. You need a well-rounded knowledge. Whatever we do in this world has to do with survival.

You must be skillful in all the tools of the martial arts, knife, stick, sword, gun, a kitchen knife and ballpoint pen; whatever can be used as a weapon. That is the discipline of yesterday; today it is just empty hands.

NMS (Combat Technologies) is a combat art. The culture is combat culture.(Martial culture) Directed to follow the old tradition to carry on as a legacy.

In NMS (Martial Sciences), **Weapon-edge or impacts** are covered in depth and training is based on quick response/offense and counter offense. We deal with all kinds of weapons. We encourage our study group members to study all types of weapons. If we remove our concept of combat, we are not teaching martial arts. We would be teaching conditioning. We follow the old traditions, which by philosophy embrace all weapons. Anything you take hold of and becomes a part of you, the tool becomes part of you. The weapon is a protective reminder that keeps your security consciousness alive.

Pursuit of limitation-overly focused on empty hands (Martial Sport) or sport oriented and lost the focus on combat-

One of the problems is liability. Why has the reality of combat or trueness of the art been lost? There are prohibitions (pursuit of limitation), legal prohibitions that you cannot do this or do that. Why are they afraid to be involved in combat? The training is not focused on offense and counter-offense; it is more on defense. When you are defensively oriented then you are going to suffer, the guy is going to bombard you with multiple kicks, punches, and throws and you will be in trouble.

The training is not focused on offense and counter offense.

But if you are trained on counter offense, then you have equalization against someone who attacks you with multiple attacks, kicks and punches. You have the principles of footwork (GSF), strategy and tactics (GSC), evasion and escape, and the principle of counter offense against offense.

Much has been lost, because they have removed the whole secret of the tradition.

This Martial Sport/ style of sports came into existence because, for many years there has been a loss of a realistic approach of what combat is. But if the system operates within the system of competency, and the training is developing somebody on the principle of offense and counter offense he will be more technical, if they are both technical then there is less damage.

The reduction of damage is done by the principles of strategy, the principle of movement, fluidity, and distance. In so doing, they adapt that as part of their techniques. As far as damage, it is very minimal. There is only damage when someone stands there and he is bombarded. There are no such things as pre-arranged techniques in the martial Sciences.

Old School Martial Arts

The martial arts of yesterday were classical/ culture and more disciplined. They were based on mental development. The discipline of the mind was more emphasized than the physical. First you developed the mind and then the body. It was a belief in the early days that if you were strong mentally then you were strong physically.

The value of discipline and the elements of combat, the path of mental development to physical development.

Marital Sports-

Martial Sports is only a part (limitation) of big picture Martial and Health Sciences. They mix sport because they want to learn how to respond to certain techniques (technique based). We want to learn too (Research /Resource), we cannot blame these people. But if you don't understand your martial art Science, you have a tendency to develop bad habits. Bad habit because what they give in one martial sport may not be workable in Martial Science.

In NMS combative technologies (NMS Martial Web) uses (GSS), (GSC) and (GEW).

We follow the Shapes/angles of attack (GSG); once you fall into the perimeter of the NMS Martial Web/ space of defense, whatever comes in we have to (shut down front, offense the side and control the back -End. The systems is equipped with combat technology.

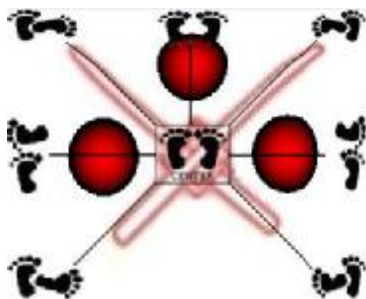
When you mix in ingredients, you have to know the elements of what you are mixing in (Methodology).

So the same thing with the Martial Sport, if someone pulls a knife you don't know which martial art you are going to use. You hesitate; you can't decide which technique to use.

If you are a soldier you have to accurate and precise. The same for a painter, sculptor, and carpenter. If you are making a doorknob it must fit in the door. Everything must be accurate and precise.(Martial effort-skillful work)

“Reality Based” What is reality? That is just a marketing word. The traditional martial culture knowledge in terms of martial arts has been there long, many years ago. The people had practiced and practiced and used this in terms of how many empires and

generations of invasions and fighting (martial culture-life style). This has been tested and proven over and over again (martial cultures-life styles).



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